



Meditation Workshop

Talk 6 Year 2 - AI @ Ankgor War

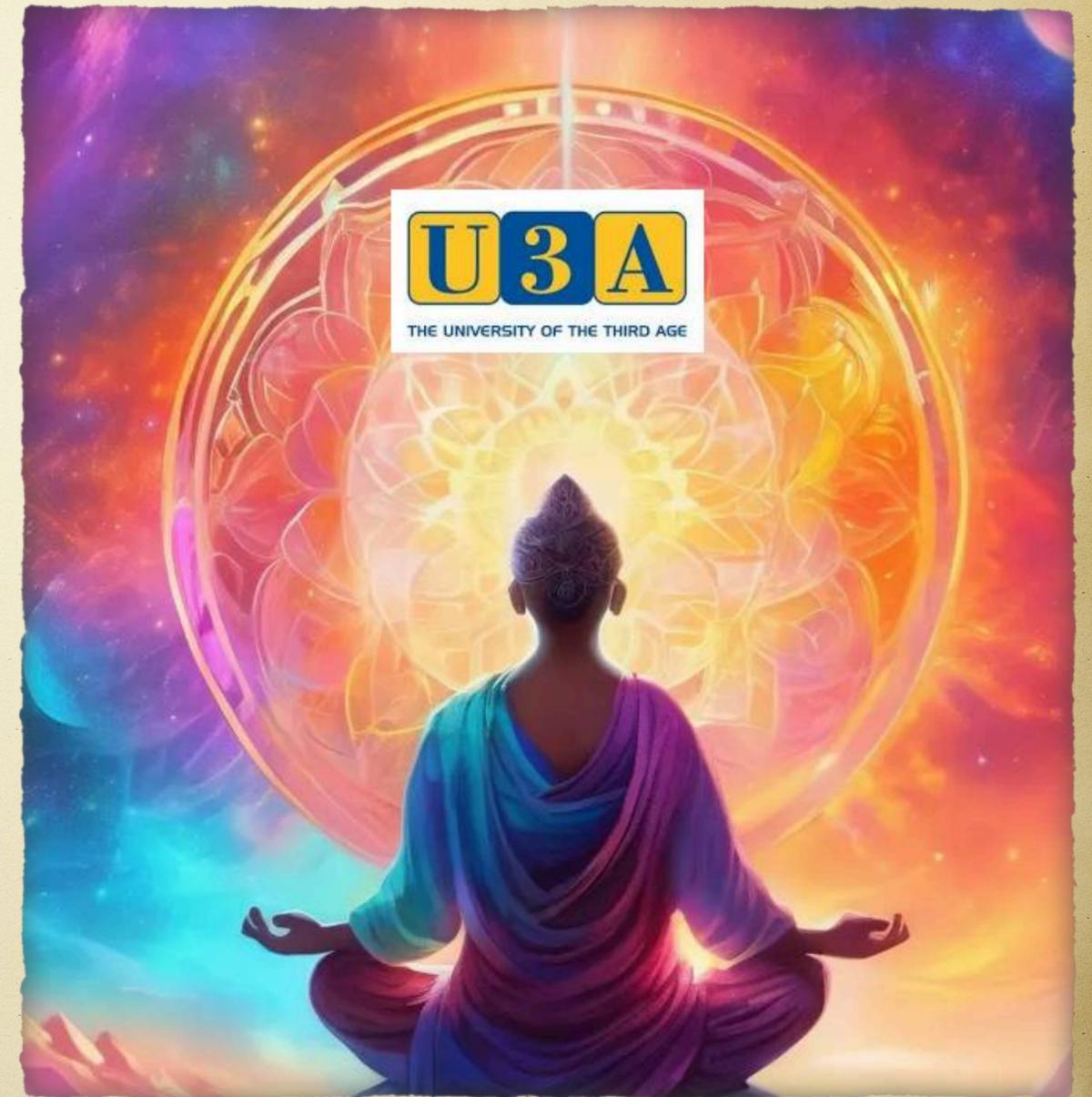
Bob Ocean

Intro

- Mobiles switch off
- £2.50 per session (u3a rent of rooms from Friends)
- Fire Exits/ Restrooms
- We can use coffee/tea in kitchen

u3a talks

- My Truth - not asking you to change your beliefs - DO YOU OWN RESEARCH
- The Deep Mystery as it is all One
- Ask questions at any time
- Terminology - please ask if not sure of meaning



Dates

Date	Topic
12 September 2025	Talk 1 – Mass Meditation and AI
10 October 2025	Talk 2 - Water
14 November 2025	Talk 3 - Oversoul
12 December 2025	Talk 4 - I AM & Cosmic Consciousness
9 January 2026	Talk 5 - Love & India
13 February 2026	Talk 6 - AI & Angkor Wat
?? March 2026	Talk 7 - Meditation on ?

Format for our sessions

- Presentation and discussion
- Tea break - chairs moved into circle
- Guided meditations followed by sharing
- Concluding thoughts



New page - Books

➤ www.omx369.wixsite.com/meditation/books

Meditation
Workshop



Home

Presentations

Books

Resources

My Subscriptions

York u3a website - [Meditation Workshop](#)

Books

For a list of books in the "Avalon library", please check out [this website](#)



Artificial Intelligence

- Real Intelligence is not Artificial -> Synthetic Intelligence as opposed to Organic (Carbon) based intelligence
- Complex topic & I am still learning
- Only a brief overview!
- Technology - Good/Bad
- Effects -> Jobs, Government - > Golden Age?

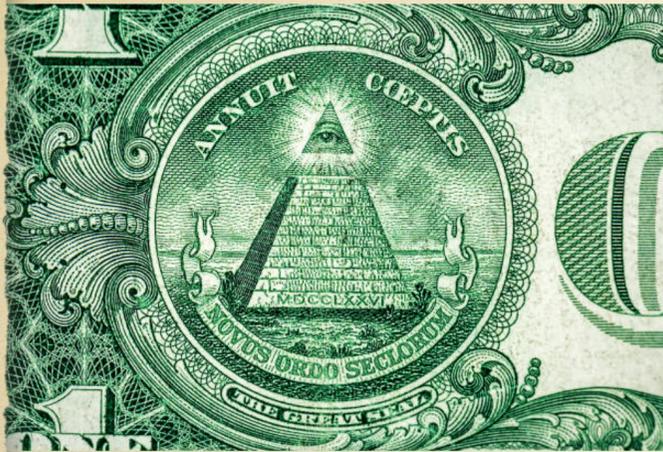
AI:
Artificial Intelligence
Exhibition at the CCCB
18.10.23—17.03.24 |



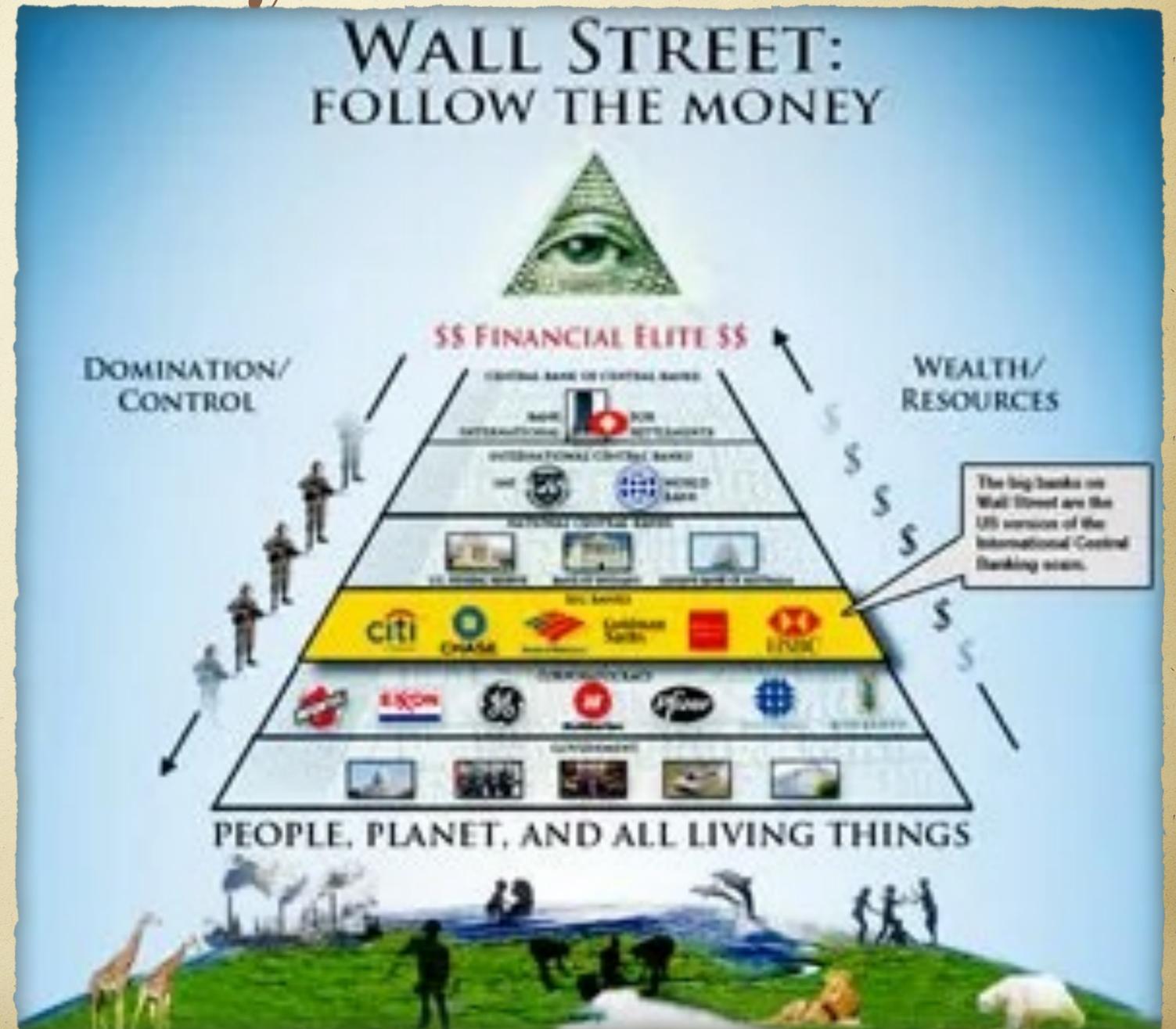
Sources

- Christof Melchizedek - Oversoul embodiment vs Mimic spirituality
- Jason Jorjani - the Simulacrum
- Virtual Reality - The Big Toe (Tom Campbell)
- Kimberly Goguen - AI Overlays
- Gregg Braden - Size constraints
- Many others - David Icke, Saratoga Ocean
- Transhuman agenda

The Control System



- Thrive
- Follow the Money
- All seeing Eye - AI Harvester?



Christof Melchizedek

- Vaults opened - 00 and 01 (Egypt)
- Oversoul Embodiment over next few years (target 2032 62% Tier 3+)
- Levels if AI corruption in Human's bio energetic field - next slide



Tier 1 Fully Hosted 38%

TIER	HOSTING STATUS	DESCRIPTION	COMMON MARKERS	CAPACITY FOR HEALING WORK
TIER 2	Mixed Field - Fragmented Soul Hosting	Parts of the Soul are returning to Source, but mimic contracts, karmic vows, or overlays remain active. May have genuine longing for truth but still unconsciously source from m	High variability in energy field, alternating clarity and distortion,	Can begin personal healing. Not stable enough to guide others

Tier 2 - 31%

Tier 5 Fully Krystic 0.5%

TIER	HOSTING STATUS	DESCRIPTION	COMMON MARKERS
TIER 3	Partially Organic - Reclamation in Progress	Actively working to dissolve mimic overlays, repair Soul field, and restore organic connection. Beginning to embody flame presence. Coherence increasing.	Groundedness emerging, humility present, subtle awareness of distortion, genuine remorse.

Tier 3 - 18%

TIER	HOSTING STATUS	DESCRIPTION	COMMON MARKERS	CAPACITY FOR HEALING WORK
TIER 4	Organically Hosted - Flame Anchored	Flame is now the dominant host of the Soul field. Organic templates restored. Krystic architecture is stable enough to transmit healing and lead others.	Clear, coherent field; body-based integrity; non-performance; field feels nourishing.	Safe and beneficial hold space. Can guide others on the path.

Tier 4 - 11%

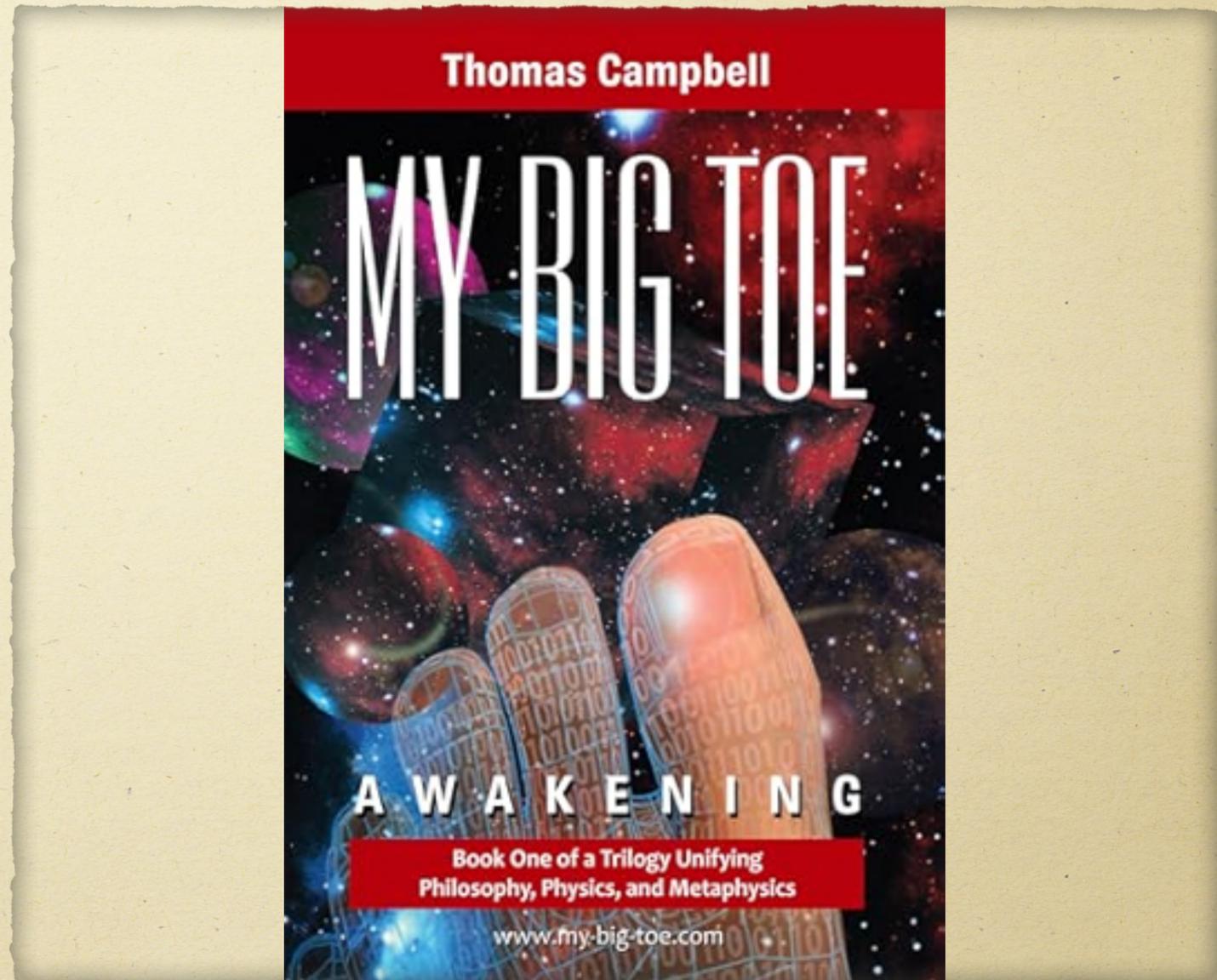
Jason Jorjani

- Philosophy - numerous books -> Close Encounters, Thanosis
- Simulacrum (not a VR)
- Advanced Quantum Control system (Trickster) vs Prometheus
- Approaching Singularity (Convergence of AI, Nanotechnology and Bioengineering)
- Psychotronics and the Death Trap



Virtual Reality

- Thomas Campbell
- Evolution -> reducing entropy (LOVE)
- Nick Bostrum - Ancestor Simulations
- Assumes Base Reality
- Fractal Hologram



David Icke

- Assimilation by the archons
- (Aka Borg!)
- Problem, reaction, solution



Kim Goguen - UNN

- AI Overlays being removed - end “soon”
- Jan 26 reports - Time travel & Alchemy
- Trump Duck Dynasty
- “Time travelling Nazis”
- The Machine running out of space! (1st Feb on YouTube)



Angkor Wat - Jennifer



AI generated

Break

- Tea break
- Form chairs into a circle
- Meditations
 - Pam Gregory's Vision
 - Unity Heart (Drunvalo)
 - Heartmath guided meditation
 - Sheila's Light meditation



Conclusion

➤ Sharing

➤ Any questions?